

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00AM							
8:30AM							
8:00AM							
9:00AM							
9:30AM							
10:00AM							
10:30AM							
11:00AM							
11:30AM	SENIOR COED 4 11:00-1:00						MINI 9:00-10:30
12 NOON							
12:30AM							
1:00PM							
1:30PM	JUNIOR LEVEL 3 1:00-3:00						
2:00PM							
2:30PM							
3:00 PM							
3:30 PM	YOUTH LEVEL 2 3:00-5:00						
4:00 PM							
4:30 PM							
5:00 PM	WESTERN MUSTANGS 5:00-7:00 (PRE-COMP MONTHS)						
5:30 PM		JUNIOR LEVEL 2 5:15-7:15	SENIOR LEVEL 2 5:15-7:15	YOUTH LEVEL 2 5:15-7:15	JUNIOR LEVEL 2 5:15-7:15		
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM		SENIOR LEVEL 3 7:00-9:00	JUNIOR LEVEL 3 7:00-9:00	SENIOR COED 4 7:00-9:00	SENIOR LEVEL 3 7:00-9:00		
8:00 PM							
8:30 PM	BLACK FALCONS 7:30-9:30						
9:00 PM							
9:30 PM		XXX 9:00-11:00	WESTERN MUSTANGS 9:00-11:00	BLACK FALCONS 9:00-11:00	WESTERN MUSTANGS 9:00-11:00		
10:00 PM							
10:30 PM							
11:00 PM							
11:30 PM							

# POWER CHEER GYM

London

## SEPTEMBER-MAY 2011-12 Practice Schedule

PLEASE NOTE - THE 15 MINUTE OVERLAPS ON ALL  
MID WEEK PRACTICES.

MINI  
9:00-10:30

REC TEAM  
JUNIOR/YOUTH  
10:30-12:00

SENIOR  
LEVEL 2  
12:00-2:00

RENTAL  
AVAILABILITY  
FOR TEAMS

XXX  
4:00-6:00

STUNT & TUMBLE  
COLLEGIATE & COED ONLY  
3:30-5:30

RENTAL  
AVAILABILITY  
FOR TEAMS

GYM CLASSES  
START @ 4:00

GYM CLASSES  
START @ 4:00

GYM CLASSES  
START @ 4:00

GYM CLASSES  
START @ 4:00